

# **Vision, Mission, Purpose, Goals and Philosophies of the**

## **S.U.C.C.E.S.S PROGRAM**

**HELPING THE CLIENT TO BE:**

**SUPPORTIVE, UNDERSTANDING, COMPLIANT, CAPABLE, EMPATHETIC, SELF-CONFIDENT, SUCCESSFUL**

### **Remi Vista's Purpose**

Remi Vista, Inc. exists to give individuals exactly the support they need to continue their own paths toward personal meaning and wholeness. Encompassed within this purpose is the philosophy that we can help everyone we serve to find a path by which they can reach their maximum potential. We understand that this is a lofty goal, yet as ambassadors of hope we choose to promote positive growth and development.

### **Remi Vista's Vision**

Our mission is to enter the lives of people who are stuck, lost, or in need and help them find their own avenues to fulfillment. Our goal is to promote a continuum of support and care from structure to total independence and self-reliance. The vision of our STRTP is to see youth and Non-Minor Dependents be restored to their families and communities by providing them with the best care, treatment and services possible. To this end, we believe that while youth may need treatment in the STRTP, it should only be a short-term stepping stone for them rather than a permanent place for them to live until they age out care. We desire to have them develop the skills and character needed to keep themselves and others safe. We want them to restore broken relationships wherever possible and to see them become positive, productive people.

### **Remi Vista's Philosophy of Treatment**

Remi Vista, Inc. was founded on the principle that there is meaning in life even when life seems utterly meaningless and void of hope. We believe that meaning is relational in nature and that we can make our greatest difference in this world by engaging individuals at the point where they are struggling or in need and walking with them as they search for their own paths toward healing and wholeness. All our services are designed to create opportunities for relational encounters that result in personal transformation and growth. We recognize that such encounters require that our staff engage everyone in a manner that embraces that person's unique cultural perspective and that they can deliver services that are tailored to account for those diverse perspectives. Our services are trauma-informed and tailored to support the healthy development of youth in all aspects of their personal functioning including the development of secure attachments and positive self-differentiation. We also recognize the neurological and psychological impact that traumatic stress can have on human development, and we have designed all our programs to accommodate individuals so affected to enhance their sense of safety and to respond to the impact of trauma in a manner that achieves healing and personal empowerment.

### **S.U.C.C.E.S.S. Program Introduction**

Remi Vista uses a therapy-based program to encourage youth to develop responsibility, an internal locus of control and leadership skills. The program contains treatment goals which are both forensic and therapeutic in nature. The forensic nature refers to our responsibility to protect the community and effectively address the factors that make our clients a safety risk for those around them. The therapeutic nature refers to our responsibility to address the factors that contribute to pathology and dysfunction and encourage the growth and healing of the individual and family. The integration of these two elements enables the clients to be properly supervised while encouraging them to make progress on their issues in a safe, open environment.

The program is built on the concept that behaviors are contextual and many inappropriate behaviors are a result of a trauma response. This means that offending behavior occurs in a context, not as a unique and discrete behavior that can be isolated and treated apart from the rest of the individual. It also means the significant therapeutic work may need to be done to address trauma issues. Thus, in order for growth, healing and correction to occur, the whole person must be addressed through therapy and healthy relationships with others. The healthy relationship includes empathy, genuineness, and unconditional acceptance of the person, accountability, personal boundaries, forgiveness and openness.

## **Underlying Program Treatment Goals**

It is important to understand that the entire treatment structure for the clients should always be based on the three treatment goals:

1. **Communication**- to encourage the development of healthy communication between the client and others around them. Healthy communication is essential for clients to deal with the community around them and have their needs met appropriately.
2. **Responsibility**- to encourage the development of an internal locus of control. This means the client will develop the ability to make the right decision in a given situation for correct, internal reasons rather than external motivators such as the fear of discipline.
3. **Empathy**- to encourage the development of empathy and compassion, as it is essential in any relationship to be sensitive to the thoughts and feelings of others.

It cannot be overly-stressed that healthy relationships are the key to achieving these goals whether in individual therapy, day-to-day interactions with their staff and peers or contact in community.

## **Program Philosophy**

The program uses a level system to continually encourage clients to successfully progress through the program. It utilizes short, intermediate and long-term goals and centers around relational and social elements in order to motivate clients to succeed. The levels go from Level 1 through Level 4. There is also a short-term disciplinary level called Grounding.

The levels are designed for structure and trust to be established and developed between client and staff, to promote independence, to move from restriction to freedom and from external motivation to an internal locus of control. The aim is for the privileges and opportunities to increase as the client continues to make positive progress on whatever their issues may encompass. As they demonstrate proper communication, responsibility for their choices and behavior, and learn empathy, their freedoms, and opportunities increase.

Recognizing the short-term nature of our program, the true goal for each client is the completion of our program and a planned transition to a lower level of care; whether that be in foster care, reunification, transitional housing or emancipation. After graduation efforts will be made for a smooth transition with follow up services of support as necessary. Clients are encouraged to maintain contact with Remi Vista as they move toward permanence.

Special Note: due to the variety of abilities and the different issues that each client may bring to the agency, the program will give consideration for each youth as an individual. Though the system will remain similar in structure, it will be incumbent upon the Treatment Team coupled with the placing agency, to tailor the program to the individual needs of each client. This will be done with consideration of varying factors, including the client's history, cognitive ability, communication style, level of responsibility, depth of empathy, etc. Whatever the ability level of the individual, our goal remains the same for each; reducing the level of care and promoting independence and self-reliance.